



Troop Camp Basics Exam

Guidelines:

- The Troop Camp Basics Exam will be given to registered adult Girl Scouts who have previous experience in camping and the outdoors.
 - Completion of the training and exam certifies a volunteer in Troop Camp Basics, enabling them to guide girls on day, overnight, or multi-night outdoor experiences.
 - Volunteers must recertify their outdoor skills every 5 years.
- The Troop Camp Basics Exam serves as a recertification test for volunteers whose Girl Scout Outdoor Training was completed more than 5 years ago.
- The Troop Camp Basics Exam serves as a waiver for volunteers who have experience and/or training that qualifies them to prepare and accompany Girl Scouts on an outdoor or camping experience where tents are pitched. This experience or training may be:
 - Outdoor training from another Girl Scout council or,
 - Training through another agency or,
 - Extensive experience in family or personal camping.

Materials Needed:

In order to complete the Troop Camp Basics Exam, current copies of the following publications should be on hand:

- [Girl Scouts of the USA: Volunteer Essentials 2011 Home Study and Exam, Chapter 4: Safety-Wise.](#)
- [Girl Scouts of the USA: Safety Activity Checkpoints](#)
- Girl Scouts Council of the Southern Appalachians: Troop Camp Basics Manual

If you do not have current copies of these publications, please visit www.girlscoutcsa.org, or contact the Council office.

Upon completion, please email or mail to:

Becky Cavender: rcavender@girlscoutcsa.org

Girl Scout Council of the Southern Appalachians

Attn: Becky Cavender

1567 Downtown West Blvd.

Knoxville, TN 37919

Please allow at least 2 weeks for a reply.

Name: _____

Email: _____

Address: _____

Street

City

State

Zip

Phone: Day: _____ Evening: _____

When is the best time to call you? _____

Service Unit: _____ Age level of troop: _____

List all previous outdoor skills training:

	Sponsoring Organization	Title of Training	Year	Hours
1				
2				
3				
4				

Please describe in detail your camping experience (includes family camping, Girl/Boy Scout camping, training and camp courses):

1. Briefly state what a Girl Scout outdoor experience should include:

2. What is meant by “girl led planning?”

3. What is meant by “progression in outdoor activities” as it relates to Girl Scout program?

4. How many nights may the following Girl Scouts go camping?
 - a. Daisies: _____
 - b. Brownies: _____
 - c. Juniors: _____
 - d. Girls 11-17: _____

5. How far in advance must the Travel/Camp Form be turned into the council office?

6. What is the minimum number of adults needed for group camping?
 - a. Daisies: _____
 - b. Brownies: _____
 - c. Juniors: _____
 - d. Girls 11-14: _____
 - e. Girls 14-17: _____

7. List five factors that would help you determine that your girls are ready for an overnight in a tent.

1. _____
2. _____
3. _____
4. _____
5. _____

8. What factors should you consider when deciding where to pitch a tent?

9. List three tent care considerations.

1. _____
2. _____
3. _____

10. List 3 things that can be done to insure minimum impact on the environment when tent camping.

1. _____
2. _____
3. _____

11. When camping overnight in a tent, what emergency procedures must be in place?

12. What should you do in the event of a severe thunderstorm when sleeping in tents?

13. What should you do in the event of a tornado or high winds when sleeping in tents?

14. What steps should campers take to stay warm and dry in the outdoors in cooler nights (40 degrees) and cooler days (60 degrees)?

15. How do you treat a poison ivy rash?

16. What steps can be taken to reduce the risk of tick bites?

17. What should girls be prepared to do in the event that they are separated from the group?

18. What should be considered when planning your menu for an overnight in a tent?

19. What methods can you use to keep animals and rodents out of your food supply on a tent camping trip?

20. How would you prepare your campsite for the following (utilizing minimum impact techniques):

a. Food storage:

b. Dishwashing

c. Cooking

d. Campfires

21. During rainy weather, what can you do to maintain program activities when no permanent shelter is available?

22. List 10 items your group should have with them while on a camping trip.

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

23. Where do you find the mandatory safety guidelines that must be followed when in the outdoors with girls?