

Arts & Humanities Month

October 2025



October is National Arts and Humanities Month! It was founded in 1993 by Americans for the Arts as a way to celebrate our many artistic talents and cultural heritages.

At right are 31 daily challenge themes. Choose at least 10 days/themes from the list at right, and create a piece of art based on that theme. It can be a drawing, painting, collage, video, poem, musical piece... whatever you want!

By choosing 10 (or more!) ways to create, you can earn a fun new patch! (Available in our Girl Scout Shop.)

Happy creating!

girl scouts
of southern
appalachians

GirlScoutCSA.org

			1 Once upon a time...	2 Kindness is cool	3 Survival	4 Living history
5 Autumn colors	6 Corn stalks and hay rides	7 Pumpkin spice	8 Mental health matters	9 New beginnings	10 Positive vibes only	11 Ship it to the moon
12 Religious traditions	13 Harvest	14 Native cultures	15 Friends and family	16 Take a break	17 Rest and relax	18 The weekend
19 You'll never guess what happened!	20 Girl Scout Way	21 On trend	22 A whole vibe	23 Messy hair, don't care	24 TGIF	25 Sleeping in
26 Takeout and leftovers	27 I could do that	28 Campfires	29 Social justice	30 Move it	31 Happy birthday!	

