



National Arts & Humanities Month



October is National Arts and Humanities Month! It was founded in 1993 by Americans for the Arts as a way to celebrate our many artistic talents and cultural heritages.

At right are 31 daily challenge themes. Choose at least 10 days/themes from the list at right, and create a piece of art based on that theme. It can be a drawing, painting, collage, video, poem, short story, musical piece, textile art... whatever you want!

By choosing 10 (or more!) ways to create, you can earn a fun new patch! (Available in our Girl Scout Shop.)

Happy creating!

October 2026

				1 Life in the big city	2 Interior design	3 Social justice
4 The natural world	5 Favorite foods	6 Clothes and fashion	7 Building bridges	8 Fall break	9 Happy things	10 Autumn colors
11 Library love	12 Native cultures	13 Friends and family	14 Mental health	15 Memories	16 Down on the farm	17 The weekend
18 Religious traditions	19 A cozy corner	20 Living art	21 Journeys	22 Digital vs. analog	23 Rest and relax	24 Animals and pets
25 Outer space	26 Back in the day...	27 Characters and cosplay	28 Pumpkin patches	29 Fantasy worlds	30 Birthdays	31 Girl Scout Way



You can use the spaces below to brainstorm or record your 10 creations. Then share them on social media (with permission.) Be sure to tag @GirlScoutCSA and @Americans4Arts.
