

# AAPI Heritage Month

## May 2026

					1 Look up why May is AAPI Heritage Month.	2 Pick a Girl Scout <a href="#">pillar</a> and research an AAPI woman in that field.
3 Learn more about types of AAPI art such as <a href="#">origami</a> , <a href="#">paper lanterns</a> , and <a href="#">mandalas</a> .	4 Read works by AAPI authors like Malia Maunakea, Jessica Kim, and Claire Ahn.	5 Check out " <a href="#">12 Ways to Celebrate Asian Pacific Am. Heritage Month</a> " from Google Arts & Culture.	6 Pick a subject that interests you and research an AAPI woman in that field.	7 Learn the difference between the terms <i>Asian American</i> , <i>Pacific Islander</i> , and <i>Native Hawaiian</i> .	8 Check out the <a href="#">online exhibits</a> at the Smithsonian Asian Pacific American Center.	9 Try new foods like sushi, chicken masala, poi, or pho. Get adventurous and make your own!
10 Encourage others to learn about AAPI history.	11 Look up types of AAPI theatre like <a href="#">Noh</a> , <a href="#">kabuki</a> , <a href="#">kathakali</a> , and <a href="#">bunraku</a> .	12 Explore the influence of AAPI individuals in your community and in America.	13 Listen to stories from AAPI artists such as <a href="#">Eth-Noh-Tec</a> and <a href="#">Motoko</a> .	14 Make a commitment to learn people's given name, esp. those of AAPI heritage.	15 Shop at AAPI-owned businesses.	16 Follow AAPI content creators such as <a href="#">Amanda Nguyen</a> .
17 Attend an AAPI Heritage Month event near you.	18 Type "First AAPI woman to..." into a search engine and see where it takes you.	19 Watch a documentary about Asian American heritage.	20 Write a letter to your school asking them to include AAPI Heritage in their curriculum	21 Choose a sport you like and research an AAPI woman who plays it.	22 Earn the <a href="#">GSUSA AAPI Heritage Month patch</a> .	23 Choose 2 AAPI ethnic groups to learn more about.
24 Learn to say things like "hello" and "thank you" in a <a href="#">language</a> from an AAPI group.	25 Learn about the effects of WWII on Japanese-Americans.	26 Research the beginnings and use of the hashtag <a href="#">#StopAsianHate</a> .	27 Look up National Youth Poet Laureate <a href="#">Alexandra Huynh</a> and listen to her.	28 Teach your troop at least one interesting fact you've learned this month.	29 Read a book such as <i>Eyes that Kiss in the Corners</i> or <i>The Paper Kingdom</i> .	30 Pick 2 countries in Asia and/or the Pacific Islands to learn more about.
31 Create your own way to celebrate!						



Asian American Pacific Islander Heritage Month has been a national observance since 1992. In the 20 years before that, it was celebrated for only a week in May.

Take May to learn more about this month and the stories it represents. At right are 31 suggestions for how to celebrate this month. Choose at least 10 activities (or challenge yourself to do all 31!) in order to earn your GSCSA AAPI Heritage Month patch.

You are also welcome to add others to the list!

